



CYA Staines Agenda: 6th April 2021

Olivia Davenport, Assistant Manager UVP Team

Sherie Barnett, Apprentice UVP Team

1. 17:00-17:30: Check-In & Health and Safety Consent Forms – Lead Sherie

Sherie will lead a check in with CYA Staines and ask all CYA members to complete a UVP health and safety form.

2. 17:30-17:50: Safe Haven – Lead Sherie

Consultation 1:

The Safe Haven in Guildford (Catalyst and Oakleaf are the providers) are planning a 3-6month pilot for young adults. They would really value young peoples input to help them shape the pilot and gain insights as to what would be helpful to offer during opening hours. We will watch a video from the Safe Haven which will discuss the pilot and the questions they would like young people to answer.

The questions for young people to answer are:

- Do you think this is something that could be helpful for 18-25 year olds?
- Any thoughts on what times would be best? Or days of the week?
- Anything that is important for us to consider?
- Anything from your own/friends experience that may be relevant.

3. 17:50-18:30: Mental Health Support Team – Lead Sherie

Consultation 2:

The Mental Health Support Team for Surrey Heath have worked on some short bitesize videos and accompanying leaflets with top tips around common mental health difficulties and strategies for young people to try. The topics were chosen after completing a survey in the schools they are working in, with young people and parents. Please may CYA watch the videos/read the leaflets and give their feedback about whether they are:



- Helpful/Engaging
- What could be improved?
- Is there a style you prefer?
- Should they all be the same and consistent? E.G. all animated or all using staff speak?
- Are there any subjects you would like them to address/develop resources in?

It might be good to think about whether you want to feature in some videos, particularly discussing strategies they have used that were helpful when engaging in services.

4. 18:10-18:30: Awareness of ASD in schools/video/quotes – Lead Sherie

Consultation 3:

The Alliance (the new mental health offer in Surrey that is being rolled out) would like children and young people with an ASD diagnosis and experience of accessing a Surrey school to help create raise awareness of ASD in school's video. The video will aim to help with the process of upskilling teachers and pupils on ASD and how best to support a child or young person with an ASD diagnosis. Would anyone like to be involved in the video?

5. 18:20- 18:40 – Action Card – Lead Olivia

To update CYA Staines on current open Action Cards. CYA to raise any Action Cards they would like to raise.

6. 18:40-19:00 – Games/ Catch Up – Lead Sherie.

CYA Staines free time for games, quiz, or a catch up!

If you would like to join CYA Staines, do not hesitate to contact us!

[Contact Us! \(cyauk.com\)](http://cyauk.com)